

WFWP USA: Bingo Night, Movie Fun, and Women's Voices - September HerTribe Thrive

Katarina Connery  
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Dear,

Welcome to the September's edition of *HerTribe Thrive*!

As summer fades and the crisp hints of autumn arrive, September invites us to embrace change with intention—whether it’s welcoming a new season, exploring fresh opportunities, or savoring the beauty of the transition.

In this issue, we feature **Family Adventure Bingo Night**, a fun way to connect with loved ones. Next, dive into **Living the Golden Age: A Woman’s Personal Journey with Heavenly Parent**, an inspiring story of empowerment and reflection. Don’t miss **Family Movie Night Edition**, perfect for cozy evenings together, and the latest episode of the **HerStory Podcast**, where women’s voices rise with courage, insight, and connection.

Let's step into this season with open hearts, steady courage, and a spirit ready to grow.



MEMBER'S HUB

September Member’s Hub: Family Adventure Bingo Night!

Looking for a fun way to bring the whole family together this season? Our **Family Adventure Bingo Night** is the perfect activity to spark laughter, teamwork, and meaningful connection right at home!

This isn't your ordinary bingo. Each square is packed with exciting, family-friendly challenges that will get everyone moving, thinking, and bonding. From silly actions to creative prompts, every task is designed to celebrate **teamwork, courage, kindness, and imagination**—the very same values highlighted in this month’s **Tips & Titles** movie picks.

Available exclusively to members!

Check it out!



SPARK OF  
INSPIRATION

## Living the Golden Age: A Woman's Personal Journey with Heavenly Parent

In every season of history, women have carried a quiet but transformative power. Today, we find ourselves in what Mother Moon calls “the golden age,” a time when women’s voices, hearts, and gifts are needed more than ever. Yet too often, our culture still measures our value by what we accomplish, instead of who we are.

This article is a heartfelt call to women everywhere to rediscover the beauty of our divine femininity—the nurturing, healing spirit that uplifts families, communities, and even nations. Each of us carries a unique gift waiting to be shared. What is yours?

**An Empowering Perspective: Healing blossoms when women lead with compassion and grace.**

Read now!



TIPS & TITLES

## September Tips & Titles: Family Movie Night Edition!

This month, we’re inviting you to snuggle up with some popcorn, blankets, and your favorite people for a **Family Movie Night**. We’ve picked a mix of **imaginative, heartwarming, and adventurous films**—each with a unique twist your family can talk about long after the credits roll.

Check it out!

**Family Friendly Movies!**



WISDOM IN ACTION

## HerStory Podcast Episode 13: Sowing Seeds of Love

*“I really pray that I leave a legacy of love... to have integrity, to be honest, to remain humble, to serve. I think that is the most fulfilling thing you can do.”*

— **Rev. Dr. Madelene Clark-Alexander**

In this episode of the *HerStory Podcast*, Adia Lancaster

welcomes Rev. Dr. Madelene Clark-Alexander—preacher, teacher, motivational speaker, and lifelong servant leader.

With over three decades of service in public health, corrections, child support enforcement, and community ministry, Dr. Alexander shares her remarkable journey of empowering families, mentoring women, and supporting re-entry for ex-offenders. She opens up about her greatest hope: to leave a legacy of love, integrity, and compassion that inspires future generations to serve and lead with kindness.

**Listen now!**

**Every conversation has the power to inspire.**

**Our Contact Information**

Women's Federation for World  
Peace USA

481 8th Avenue, Suite 608  
New York, NY 10001

[www.wfwp.us](http://www.wfwp.us)





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### Tips and Titles Movie Picks

Print your bingo cards, gather the family, and set off on an adventure! You can play one card together as a team or try different cards for an extra challenge. Complete an entire card or set a timer to see how many you can complete as a family and celebrate your win. Want an even bigger adventure? Try all four themed boards inspired by our favorite family films: **K-Pop fun, ocean voyages, wild nature, and dragon-filled skies!**

**Download your printable set below and start your Family Adventure Bingo Night today!**

### ARE YOU A MEMBER OF WFWP?

**The Family Adventure Bingo Night is FREE for members!** Simply log in or create your account for the Members' Portal. You can download the journal prompts in the Resources Library

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### NOT A MEMBER OF WFWP?

Not a member of WFWP? [Join today](#) to access exclusive resources, including Family Adventure Bingo Night, and become part of a community of women empowering each other to be peacemakers in the world





## Living the Golden Age: A Woman's Personal Journey with Heavenly Parent

By Yejin Ang

This article is a call to all women, from every walk of life. As I reflected on what Heavenly Parent might want women to hear at this time, the theme of empowerment came to me.

Mother Moon, Holy Mother Han, describes this current age—this moment in history—as “the golden age.” What makes this time so significant? One clear shift we see today is in our attitudes toward the relationship between men and women.

But I would say it is not only women themselves who need empowerment. It is also the very nature of women—our divine femininity and grace—that must be celebrated and welcomed into society. Too often, our culture glorifies the hustle, placing a heavy weight on our backs, especially for those working in businesses and corporations. The rewarding rush of climbing the corporate ladder tempts us to measure our value by our accomplishments. If we achieve, we are valued. But when we fall short—when our desire for recognition goes unmet—we keep piling on achievements in hopes that the next one will finally make us happy.

It is as if we need society's permission to believe that we are valued, precious, and needed. Accomplishments and standards certainly matter, but they are only half the picture. A flourishing life also requires growth, nourishment, care, and understanding. Without prioritizing rest, affection, and compassion, life becomes like a football game—where only half the people on the field can win.

Throughout history, many aspects of Heavenly Parent's love have been undervalued. In particular, Heavenly Mother has been overlooked and pushed aside. Being supportive and responsive, rather than initiating, has too often been seen as weakness. Because women are often more responsive by nature, society has mistakenly treated us as less than.

But who can bring Heavenly Mother's divine nature to light? It is women—the divine embodiments of God.

Women are uniquely capable of healing the world because what the world most needs is already within us. People do not need more correction, instruction, or direction. What they truly long for is to be embraced—not for what they have done, but simply for who they are.

Let me share one example of how I've embraced my own divine gift of femininity. My current career path is to become a therapist for those struggling with mental illness or neurological disorders. Choosing this path took conviction. My father discouraged it, fearing the lack of financial stability. Yet I have always been fascinated by therapy, because I see how people who are struggling yearn for someone to listen and embrace them. To me, therapists are like (paid) mother figures. Their role is to support clients and offer them a healthy perspective on their situations. I even believe Heavenly Parent relies on therapists to help care for God's children in ways that their spouses or parents cannot.

Looking at myself, I know I have a caring, nurturing nature. I have also faced my own challenges with mental health. Though therapy is not the most lucrative field—and it can be time-consuming and emotionally draining—I believe my mission is tied to it. Through this work, I can represent God, caring for and supporting people as they move toward lives of mental and emotional peace. Because I am aware of my divine instinct to protect and nurture, I want to share this gift with those in desperate need of help.

Each of us has passions and gifts waiting to be discovered. With the divine energy and healing spirit God has given us as women, we hold a secret weapon to heal the world. We can embrace, uplift, and support others. So I ask you, as you read this: what is your divine gift? How might you share it with the world through your passion?

Your gift might show itself in creating beautiful paintings that reveal the wonder of Heavenly Parent's creation. It might be found in teaching preschool, nurturing children who need love and support as they grow. Whatever form it takes, your gift is needed. No matter your race, religion, or background, God's divine feminine nature is planted within you—and Heavenly Parent needs you.

I encourage you to take time to reflect on what passion you can offer the world. Chances are, the love you pour into your gift could make all the difference in today's society.







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### Our Picks:

- **Kpop Demon Hunters**

This action-packed comedic film blends music, courage, and cultural pride, showing kids the importance of friendship, honesty, and resilience in the face of challenges. It highlights the power of music and how music can bring people together in both good and bad ways. With strong female leads who balance strength and heart, it teaches the importance of being honest about personal insecurities, and the value of using one's gifts to uplift others—an empowering message for young girls and boys to embrace their talents boldly.



- **Moana II**

Moana's journey continues as she proves that leadership and bravery know no gender. The film explores themes of identity, responsibility, and staying true to your calling. For children, it's an inspiring reminder that courage means following your own path, even when others doubt you. For girls especially, Moana models independence, wisdom, and compassion—all qualities of a true leader.

- **The Wild Robot**

This beautifully animated story is about connection, survival, and empathy. It encourages kids to appreciate nature, embrace differences, and adapt to change. Roz, the main character, shows nurturing strength and protective instincts, which break traditional stereotypes about strength. It's a great conversation starter about kindness and caring for the environment—values every child can learn.



- **How to Train Your Dragon (Live-Action)**

This stunning new adaptation brings the beloved animated story to life with breathtaking adventure and heart-stirring moments. It reinforces timeless lessons: empathy, trust, and the courage to see the world differently. It teaches that real strength comes from compassion and cooperation rather than control—powerful lessons for building empathy and resolving conflicts peacefully.

### Worth a Rewatch!

Even if you just watched these recently, they're worth another round because:

1. The music, visuals, and action sequences are so rich you'll catch details you missed the first time.
2. The themes of friendship, courage, and family spark even better conversations when revisited.
3. Watching again with someone new (a sibling, parent, or friend) makes the story feel fresh through their reactions.

### Make It Interactive!

After your movie night, try these fun family activities to keep the conversation (and laughter) going:

1. **"Favorite Scene Freeze"** – Everyone acts out their favorite movie moment, and others guess which scene it is.
2. **Discussion Sparks** – Ask: *What would you have done if you were the main character?* or *Which character do you relate to most?*
3. **Create-Your-Own Ending** – What happens next? Write or draw an alternate ending together.
4. **Family Movie Tracker** – Start a poster or digital list where you rate each movie as a family (stars, thumbs-up, or emoji ratings).
5. **Karaoke Sing-Along:** Revisit your favorite movie song and sing it together! (Tip: Search YouTube for official karaoke tracks.)

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### ADDITIONAL INFORMATION

What are you most interested in? (click all that apply)

☐ Community with other women

☐ Empowered motherhood

☐ Happy marriage tips

☐ Healthy work/family balance

☐ Personal growth as a woman

☐ I'm not a robot



Sign up



SEPTEMBER MEMBER'S HUB: FAMILY ADVENTURE BINGO NIGHT!

LIVING THE GOLDEN AGE: A WOMAN'S PERSONAL JOURNEY WITH HEAVENLY PARENT



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## HerStory Podcast Episode 13: Sowing Seeds of Love

“I really pray that I leave a legacy of love... to have integrity, to be honest, to remain humble, to serve. I think that is the most fulfilling thing you can do.”

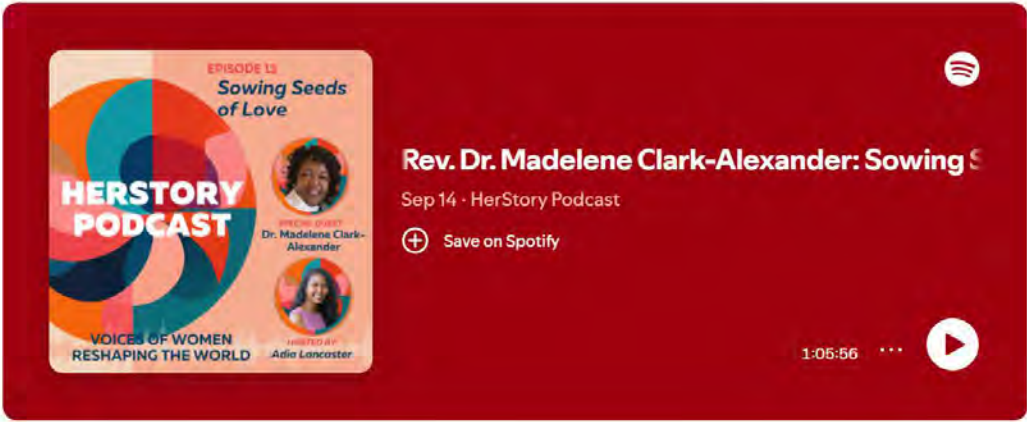
— Rev. Dr. Madelene Clark-Alexander

In this powerful episode of the *HerStory Podcast*, Rev. Dr. Madelene Clark-Alexander shares her journey of leadership, faith, and service that spans over three decades. With warmth and candor, she reflects on the lessons she has learned along the way, offering encouragement to younger women to trust themselves, embrace their value, and advocate for their own voice. Drawing from her personal experiences, Dr. Alexander emphasizes the importance of self-knowledge, surrounding oneself with supportive communities, and finding liberating outlets for self-expression—like her “Color Me Blessed International” ministry, where women gather monthly to color, reflect, and reconnect with the present moment.



Central to the conversation is Dr. Alexander’s hope to leave behind a lasting legacy of love. She describes this legacy not only as something passed down to her children and grandchildren, but also as a ripple effect that touches everyone she encounters. Through stories of her family’s careers in service—whether in education, social work, or community safety—she demonstrates how values of compassion, humility, and integrity take root and flourish across generations. For Dr. Alexander, love is not merely a feeling, but a daily choice that transforms relationships and communities. As she explains, the seeds of kindness and integrity, once planted, inevitably grow and return, carrying forward her mission of healing and upliftment.

Throughout the episode, listeners are reminded of the profound impact of living authentically and courageously. Dr. Alexander’s insights highlight the power of service, the necessity of self-love, and the courage it takes to remain true to one’s principles in the face of challenges. Her story is both a testament to resilience and an invitation for women everywhere to embrace their worth, nurture their gifts, and lead with love. As host Adia Lancaster notes in closing, Dr. Alexander’s wisdom offers not just a legacy for her family, but a beacon of inspiration for all who seek to create a more compassionate and peaceful world.



A HEARTFELT EVENING AT THE LEEWARD HERTRIBE GATHERING

