

Ryuichi Kishimoto
September 8, 2026



Cheonshim Won **North America**

September 7, 2026

Testimonies (Spiritual 40 day Workshop)

Rena Saito, 3rd International Spiritual Workshop Testimony

This reminded me that, no matter what happens, I must also remain loving, faithful, and strong. Investments are never wasted and Mother needs us. We want Mother to come back victoriously, and when Mother comes back we want to show her our efforts and results. I want to reassure and tell her not to worry. We will fulfill Mother's desire; for everyone in this world to be happy, and know who Heavenly Mother and Father are.

[read full testimony](#)

Did you know?

Spirits liberated during chanyang yeoksa go to the 100-day workshop

Each chanyang yeoksa liberates spirits to the 100-day workshop. These spirits also need to get blessed. If you have already become a CheonBo Family, it is good to bless all eligible spirits once a year.

Future Workshops



**HJ CHEONBO
GREAT WORKS**

You are invited to the
West Region Great Works.
Register now to participate!

Early bird registration ends Monday, August 31st at 5 PM PST

SEPTEMBER 12, 2026 9AM TO 6PM

BAY AREA FAMILY CHURCH

Satellite Venue: Los Angeles Family Church



**HYOJEONG CHEONBO
GREAT WORKS**
Heavenly North America

Live registration link:

hsa.regfox.com/hj-CheonBo-greatworks-regional-level-participation-form-bay-area-family-church

Early birds ends August 31 at 5PM

Form submission

Cheon Shim Won Las Vegas implemented a new online system to submit your forms

cheonshimwon.org/form-submit/

- Upon submission, you will receive a confirmation that your form and donation is correct.
- Upon confirmation, bring your form and donation to BAFC office during church office hours or on Sunday, for out of state members you can mail your form and check to
(no form or donation will be accepted on the day of the event)

Check payable to HSA UWC

Bay Area Family Church
CheonBo GW
2305 Washington Avenue
San Leandro, CA 94577

Spots Available for the 5th Cheonshim Japanese Resonating Prayer Workshop



5th Japanese 3-day: 7/40 spots available

register for the 5th Japanese Workshop (10/5 - 10/7)



Join a Cheon Shim Won Prayer Vigil

The Cheonshim Won (Cheon Shim Won) is the central place for offering devotion. Join a prayer vigil via Zoom or in person at Cheon Shim Won locations across North America.

join a prayer vigil

Cheon Shim Won North America is a ministry of Family Fed North America.



Contact csw@unification.org for any questions

You are receiving this email because you subscribed to the Cheon Shim Won North America newsletter.

Hello, I want to offer my deepest gratitude to Heavenly Parent and True Parents for the grace of standing before you today. My name is Rena Saito, daughter of 30,000 couple; Tadao and Kumiko Saito. I'm from the island of Oahu, Hawaii. Today I would like to talk about the grace I've received from the 3rd International Yeongseong 40-day workshop.

Throughout my life, I feel that I have been guided and loved by Heavenly Parent and True Parents through my family and community. Growing up, my parents would always do Hoondokhae and do little Q and As about the Divine Principle and the Bible. Through my parents' education and their model as active members, I naturally came to believe in Heavenly Parent and True Parents. My faith became stronger in high school by coming to Cheongpyeong for the International Middle & High School 40-day Workshops. Then, the next step in my faith was doing 3 years of Generation Peace Academy, during which I did 2 years of Cheonilguk Missionary in Peru and Las Vegas. As my GPA experience was ending, I decided to return home to help with my community. My community is not that big but Hawai'i is my home and family. When I committed to be a CIG Missionary, I also committed and promised to God that I will help restore Hawai'i and to make it a place that True Mother can be proud of. Because I came to understand that, we did not fulfill our responsibility in making Hawai'i a substantial place for HP and TP. Though Hawai'i is seen as paradise, it is also a place of historical trauma and deep cultural resilience.

So, I was a CARP student for 4 years and, this year in May, I graduated and finished my CARP mission. During that time I was leading CARP and helping my church, I've also had many challenges. There were so many times when I felt alone and frustrated. That no matter what I try to do to change my community, nothing changed. Sometimes I've even lost my spiritual strength and let my own limitations influence me. Though there are ups and downs, I still wanted to keep my commitment to HP and TP. When I look back at that time, I realized that HP is always guiding and supporting me.

In April, an aunty from my community asked me to come to Cheongpyeong with her children and other youths for a 21-day International General Workshop. Later on, I heard about the 3rd International Yeongseong Workshop. I said yes to both, ultimately because of my heart. I thought, "If my heart says to go, I should go." Especially at this time as many things are tense, I wanted to deepen my relationship with Wang Omma, to grow myself to be a youth leader, and to use this time as a foundation to bring witnessing results so that Hawaii can become a restored state.

In this Yeongseong Workshop, I have learned, felt, and experienced many things. I came into this workshop, not knowing much about it. But no matter how hard it would be, I promised myself to persevere. One of my realizations is about my selfishness and level of devotion. For our first devotion challenge, we offered 1,000 bows. Since it was my first time, I prepared myself by chanting "어머님 환궁하소서" for each bow. Around halfway, my body became so heavy that I could barely continue. I kept telling myself, "Persevere. This is for Omma." I thought about how heavy Mother's burden must be—physically and internally. Imagining her in the hospital reminded me of seeing my own mom in the hospital, and the same fear and sorrow filled my

heart. Around the 800th bow, something changed. I felt strength return as I heard my brothers and sisters shouting, “어머니!” I deeply felt our unity as one family. When we finished the 1,000th bow together, even though my legs ached, my heart was full of hope that Mother would return home.

Later, our workshop leader shared an update about Mother, and my heart sank. Knowing that other Yeongseong teams were offering 24-hour jeongseong, I found myself asking God, “Why haven't we heard good news?” Despite all our devotions, it felt like nothing was changing. Then I realized that Heavenly Parent have offered far greater jeongseong for us for countless ages without ever giving up. Even through disappointment and frustration, Heavenly Parent continues to trust and love us. This reminded me that, no matter what happens, I must also remain loving, faithful, and strong. Investments are never wasted and Mother needs us. We want Mother to come back victoriously, and when Mother comes back we want to show her our efforts and results. I want to reassure and tell her not to worry. We will fulfill Mother's desire; for everyone in this world to be happy, and know who Heavenly Mother and Father are.

Another experience is learning and feeling resonance through praise and prayer. I usually connect to HP through music and prayer. But before coming here, for a while, I struggled with prayer. Though we talk about resonance, I didn't understand what it was. In this workshop, when we had our first Praise Prayer Vigil, I came to know and feel what it means to resonate. That day, our lecturer talked about Heavenly Omma and Appa and in our personal prayers we should address God in a personal way. So I applied his advice to my own prayer and it felt so different. My conversation with God felt closer, and at some point, intimate. In that prayer, it was just God and me. Even though my voice was almost gone, I yelled with all my heart and body. That night, I meant every lyric, chant, and word that I spoke. It felt like I broke through a wall that I had in prayer. It felt spiritual and my whole body felt warm in love. I couldn't stop crying. I believe my tears were Heavenly Omma and Appa's happiness. But also, my own tears of experiencing Heavenly Parent's love. From that day, I decided that I will give everything I have in praise and prayer, even if my voice is gone. Especially on days when I don't feel God, I have to yell even more louder and give it my everything.

Through these experiences and many more, I felt that coming to Yeongseong was HP giving me the push that I needed to strengthen myself. However, the real challenge is when I go back home. Though I'll go back to my busy schedule, I will continue to do the habits I made here and promise to revive Hawai'i together with my brothers and sisters. I feel and hope that Hawai'i will drastically change because this summer many of our members have come here and are revived. As I end this testimony, I want to say thank you to HP and TP for their unconditional love and guidance. My parents for their love and support. All of the international staff for their devotion and guidance for each one of us. Lastly, to my Hawai'i ohana (family), mahalo nui loa. 하늘부모님, 참부모님 감사합니다! 사랑합니다!



MISCELLANEOUS

Form Submission

May 26, 2026 By Tatsuyo Morimoto

Ancestor / Collateral Form

Step 1 of 3

33%

Section Break

Country You Live In *(Required)*



Family Name *(Required)*

Given Name *(Required)*

Spouse Name *(Required)*

Email *(Required)*

Representative Name (If you are not participating)

Phone *(Required)*

Date of Birth *(Required)*

yyyy/mm/dd



Blessing *(Required)*

Gender *(Required)*

- ☐ Male
☐ Female

Which workshop will you be attending? *(Required)*

- ☐ Los Angeles, CA : 2026-08-15
☐ San Diego, CA : 2026-08-22
☐ Bay Area, CA : 2026-09-12

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Testimony of 40-Day Spiritual Workshop

