

Cheon Shim Won Heavenly North America Weekly Updates (09.21)

Ryuichi Kishimoto
September 21, 2026



Cheonshim Won **North America**

September 21, 2026

Highlights

Testimonies

"For a long time, I kept asking Heaven, "Why aren't things changing?" only to realize the answer wasn't outside of me—it was inside. Because I was living for myself and centering on my own pain, I couldn't feel the love or sorrow of Heavenly Parent and True Parents—not only for me, but for all of my brothers and sisters." Makimi Uesugi (3rd International Spiritual 40-day Workshop)

[read the full testimony](#)

Did you know?

In the spirit world, all couples are one.

Both husband and wife will go everywhere with each other.

Future Workshops

HJ Cheonbo Great Works

- Southeast Region



HJ CheonBo Great Works September 26th in Washington, DC and a satellite location in Atlanta, GA

Everyone should register for both Atlanta and Washington, DC.

Here: hsa.regfox.com/cfc-se-hj-cheonbo-greatwork-sept-2026

Make sure you SUBMIT ALL FORMS through this link:

Liberation and Blessing: cheonshimwon.org/form-submit/

**All Liberation, Blessing and CES Forms are to be completed online.
Choose Washington, DC as the location.** (no hand written please)

Attendance: Must Be In-Person – either in DC or Atlanta
(Special requests for homebound only - email: hjcheonbodc@gmail.com)

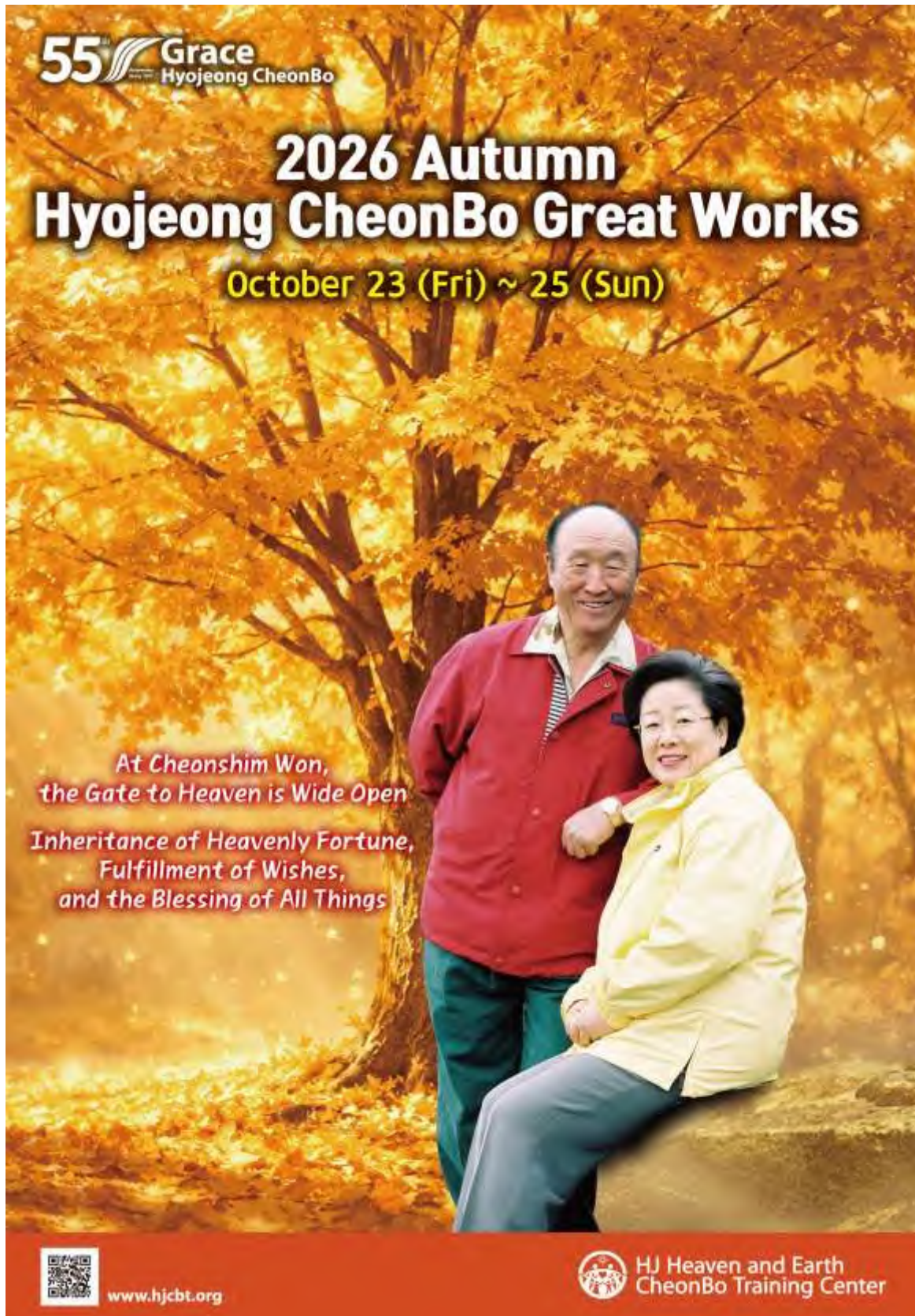
To purchase a HJ Hyojeong Won House, send your couple's names as they appear on your Cheong Pyeong Registration forms and request to: hjcheonbodc@gmail.com

Also, any questions are to sent to: hjcheonbodc@gmail.com

Check payable to HSA UWC

HJ Cheonbo Korean Autumn

Great Works

A promotional poster for the 2026 Autumn Hyojeong CheonBo Great Works event. The background is a vibrant autumn scene with golden-yellow trees and falling leaves. In the center, an elderly couple is smiling; the man is wearing a red jacket and the woman is wearing a light yellow jacket. The text is overlaid on the image. At the top left is the '55th Grace Hyojeong CheonBo' logo. The main title '2026 Autumn Hyojeong CheonBo Great Works' is in large, bold white letters. Below it, the dates 'October 23 (Fri) ~ 25 (Sun)' are in yellow. A quote in red text is on the left. The bottom features a QR code, the website 'www.hjcbt.org', and the 'HJ Heaven and Earth CheonBo Training Center' logo and name.

55th Grace
Hyojeong CheonBo

**2026 Autumn
Hyojeong CheonBo Great Works**

October 23 (Fri) ~ 25 (Sun)

*At Cheonshim Won,
the Gate to Heaven is Wide Open
Inheritance of Heavenly Fortune,
Fulfillment of Wishes,
and the Blessing of All Things*

 www.hjcbt.org

 HJ Heaven and Earth
CheonBo Training Center

This Autumn Great Works includes the 2nd/3rd gen matching and blessing - connect with Korea for more details if you have someone who is eligible.

register for the Korean Autumn Great Works



Join a CSW Prayer Vigil

The Cheonshim Won (CSW) is the central place for offering devotion. Join a prayer vigil via Zoom or in person at CSW locations across North America.

join a prayer vigil

CSW North America is a ministry of Family Fed North America.



Contact csw@unification.org for any questions

You are receiving this email because you subscribed to the CSW North America newsletter.

First, I want to offer my deepest gratitude to Heavenly Parent and True Parents for the grace of standing before you today.

Hello! My name is Makimi Uesugi, the eldest daughter of Shigeki and Tomomi Uesugi from Honolulu, Hawaii—a 360,000 blessed couple. Today, I would like to talk about the grace I received from the 3rd international Yeongseong 40-day workshop and how it transformed me.

Having experienced the spirituality workshop in Las Vegas, I knew it wouldn't be easy and that it would push me far out of my comfort zone. But something told me I'd deeply regret it if I didn't go to Cheon Pyeong now. I also knew that I wasn't in the best place—back in college, surrounded by the negativities of society, never having time free from stress, living in constant fatigue, and experiencing many days filled with self-doubts & self-loathing. I knew deep within that this was not what I wanted, and that I needed to change. So despite my many doubts and fears, I decided to attend this workshop. I wanted answers, and the courage to keep moving forward.

Upon arriving in Cheon Pyeong, it took all my effort to get used to the schedule. Throughout the 40 days, I wasn't at my best physically, which deeply shaped my experience. Within the first few days, I came down with a high fever followed by a severe cough that led to a painful injury requiring medication. Yet through that physical struggle, in a state where I was forced to lean on others, I felt the embrace of Heavenly Parent and True Parents. And I knew I wanted to give more. I wanted to give that same care to my brothers and sisters.

The workshop consisted of over 120 people, with 65% coming from Taiwan. My team of 12 had only 3 English speakers. Most of the time, our conversations relied on 2 members who could somewhat speak English, translating or using AI. That led to some frustrations throughout the workshop. When someone didn't act as I expected, I often became frustrated and unconsciously judged their efforts—until I realized I had never stopped to ask myself: “What gives me the right to judge?” Everyone carries hidden burdens, pain, and personal battles. Realizing that others suffer just as I do deeply humbled me. That's why, as we shared reflections and I came to know their circumstances, I came to love my team even more deeply, but it also brought conflicting feelings. It hurt me more when I held negativity.

Through the lectures, resonance prayer practices, CSW night vigils, devotions, and intensive prayers. I learned the importance of resonance, this feeling of uniting, of my faith becoming a reality where I could practice true love. Particular experiences I go back to the most are the 1000 bow devotion and the Hyojeong Praise in the night vigils. Hanging on desperately to my prayers for Mother, the frustrations of not being there for Mother. The room was filled with each member's desperation, as we all shouted for Mother's return, her safety, her well-being, and for Heaven to work. I could feel the spirit

world shaking with our praise, our earnest calling, and our deep longing for our parents. In that moment, I determined to pray and offer devotion until the day she leaves the detention center victoriously. No matter the circumstance, with absolute conviction that no devotion offered will ever be in vain.

During the workshop, seeing my brothers and sisters find joy and laughter despite the difficult circumstances slowly filled my own heart with happiness. It was then that I began to understand what Mosim truly means. Mosim is not simply serving when life is easy; it is finding the strength to love, serve, and persevere even in the midst of our own struggles. When we truly love one another, we can naturally become one. As Mother has said, “Forgive, Love, and Unite”; only when I practice that with my life can I comfort the heart of Heaven.

For a long time, I kept asking Heaven, “Why aren’t things changing?” only to realize the answer wasn’t outside of me—it was inside. Because I was living for myself and centering on my own pain, I couldn’t feel the love or sorrow of Heavenly Parent and True Parents—not only for me, but for all of my brothers and sisters. Standing before them, I felt painfully aware of my self-hatred and inadequacy. I didn’t feel worthy of their love, nor my own parents’ love. At times, running away felt easier than facing my weaknesses.

Yet deep down, I realized my fear was not of hardship, but of losing Heavenly Parent and True Mother. That fear kept me holding on, and when I felt Heaven calling me to come, I knew I had to answer. Still, every day I faced my fallen nature and the guilt of judging others. I became frustrated with my inability to love people. There were moments when I hated myself for being that way. I felt that something was wrong with me. All I could do was sing desperately, pray desperately, and cry desperately, longing to feel even a small glimpse of Heaven’s love.

Even now, I carry a fear of returning to self-centered living, that I will one day forget these experiences. But then I anchor myself by remembering our beloved Wang Omma.

I ask myself: *“Isn’t she the one I want to make the happiest? Isn’t it Heavenly Parent whom I want to comfort the most?”*

Her unwavering love for Father, Heavenly Parent, and all of us. That’s what gives me hope. If she has never stopped believing in us, how can I doubt a love that continually embraces us?

“Please be confident. Please stay strong. If we truly become one with Wang Omma, then nothing is impossible.”

These words echo in my heart as my new determination. Moving forward, I want to learn to love myself because Heavenly Parent loves me, love my parents more deeply, and genuinely embrace and love my brothers and sisters. This is how I want to respond

to the boundless love that has been given to me every day until now. Offering devotion and practicing true love is now my driving force, because I know that Heaven never turns their face away from someone who prays. So I would choose faith and love everyday.

I pray that I can become a filial child to my parents, a patriot who lives for Heaven and my nation, and a loving sister who embraces every brother and sister with the same heart that Heaven has shown me.

Though I am still lacking, I want to continue walking this path—not alone, but together with Heavenly Parent, True Parents, and all of you. As I end this testimony, I want to say thank you to Heavenly Parent and True Parents for their unconditional love and guidance. My parents for their love and support. All of the international staff for their devotion and guidance for each one of us. Lastly, to my Hawai'i ohana (family), mahalo nui loa. 하늘부모님, 참부모님 감사합니다! 사랑합니다!.